

UNESCO

World Heritage Volunteers

Bahrain Fort , Kingdom of Bahrain
16-22 November 2013

Qal'at al-Bahrain - Ancient Harbor
and Capital of Dilmun - Cultural site inscribed in 2005

جمعية الكلمة الطيبة
GOOD WORD SOCIETY
جمعية طيبة منتخبة طيبة أصلها ثابت وفرعها في السماء

Volunteer Handbook



United Nations
Educational, Scientific and
Cultural Organization

In partnership with



World
Heritage
Centre



CCIVS

Kingdom of Bahrain مملكة البحرين



Ministry of Culture وزارة الثقافة

Contents

Introduction Letter	2
Contact Persons	3
Organization Profile	5
Vision	
Mission	
Structure	
Professional Volunteering	5
Major Financials Grants	6
Arab and GCC Award	7
Program Initiated	7
Principles of work	9
General Matter	
Principle for group project (Work Camp)	
Pre-departure Information	15
Visa	
Currency	
Immunization	
Clothing	
Electricity and Voltage	
Travel Insurance	
Phone	
Pre-departure travel checklist	17
Country Profile	18
Accommodation	20
Program Schedule	21

INTRODUCTION LETTER

Salam!

Personally I would like to thank you for taking an interest in volunteering with Good Word Society (GWS). Our volunteers are highly valued and integral members of our organization. Dedicated volunteers are essential to our team and to the success of GWS and all of our programs.

At GWS we are committed to providing a respectful, professional and positive environment for everyone working and volunteering for the organization. We strive for equity, respect and fairness in the treatment of all staff and volunteers. This volunteer Handbook inform volunteers of about our organization, roles and responsibilities of volunteers, country profile, important travel tips and other useful information. I request you to go through this package thoroughly. If you have any questions or concerns, please do not hesitate to contact me at m.awahab@hotmail.com or +00973 36637740.

I believe you will enjoy the time you spend here in your second country with us, and create life long memories!

Brgds,

Mohamed Bukamal
Program Coordinator
Good Word Society

CONTACT INFORMATION

It's important for you to keep the numbers provided with you at all times when you come to Bahrain.

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Organization Profile

Vision:

Toward civil movement conscious educated and aware of their needs and are able to achieve in a society based on justice and equality

Mission:

We are seeking NGO to go with the community, individuals and institutions and systems, towards the growth and development and cooperate with all public and private actors on the development and prosperity of the nation and promote national unity.

And are going at it, advocacy and public awareness, and building institutional models of excellence, and effective investment for community relations, in the context of integration and participation.

We assure that what qualifies us to achieve this is our internal construction, and a comprehensive education associate education and good employment potential to carry our message ably

Structure:

The Good Word Society is a young civil institution incepted in 2002 at the hands of a group of loyal Bahraini young men, who found there is a dire need to establish a new public action that contributes to fulfilling societal requirements without discrimination; and thus deep root loyalty and belonging by all community segments.

Professional Volunteering

Over the past few years, the Good Word Society worked in silence away from noise and propaganda, because its actions speak for itself; and that its mission is to serve all society segments in Bahrain regardless of their age or gender.

The Society accredited transparency and trust in the work of all working committees; and sought, since inception, to instill a new “spirit” into civil action, and thus has been able - with the blessing of the Almighty God and the efforts of its members - to imprint its mark on the development of societal action. As such, it deserved to be awarded:

- Democratic Rule Certificate:

The Society has distinct itself within a short period by virtue of diversifying its activities and excellent programs; an issue that qualified it to assume a distinguished position and good will in society. UNDP experts awarded it the Internal Democratic Rule Certificate following a careful and comprehensive examination of the administrative and financial procedures, as well as the minutes of meetings, files, publications, and programs. The certificate was awarded by the National Center to Support Civil Organizations at a ceremony held for this purpose.

- GCC Honoring:

The GCC Ministerial Council of Social Development Affairs honored the Good Word Society, within the context of honoring six civil societies in the GCC, who made key



contributions to developmental social work, on the sidelines of the 28th Session of the Council in the period from 23-24th of October 2001. The Good Word Society was selected by the Social Development Ministry due to the conformity of all of the required standards for nomination.

- **Membership of the Arab Voluntary Work Union:**

In 2011, the Society awarded a membership in the Arab Voluntary Work Union of the Arabic League. Within a few months and due to its efforts in disseminating the culture of voluntary work; it won a seat on the Union Board of Director after being elected by 18 member-states in the Union.

Major Financial Grants

The Good Word Society attained some of the highest financial grants in six projects over a period of five years, namely:

- **Itqan Program to support and Train Workers and Volunteers in Civil Organizations:**

The Society Training Committee developed a human development strategy for social, charity, and civil institutions that culminated in the launch of "Itqan" project, which cares for human development programs in civil organizations; as well as both the private and public institutions whose interests overlap with civil organizations. Over 70 civil organizations benefited from this pioneering program in addition to over 600 participants.



- **Repay Parents Program:** It was a one-year developmental program consisting of entertainment, training, and social activities at **Al Muharraq Home for the Care of Parents.**



- **Handicapped Persons are Productive, Innovative, and Active Project:** It was a one-year program carried out by the Society. It consisted of awareness programs for handicapped persons, their families, and the society; in addition to productive and training programs aimed at incorporating the handicapped in society, exploring their talents, and achieving total equality of such persons with other members of the society.



- **Innovative Youth:** The project opts to promote the culture of innovation and creativity by Bahraini youth, and put those innovators in the center of light and attention.



- **Bahraini Children:** the program focused on a number of creative activities at the hands of specialists that aim to bolster national unity, and the concepts of national belonging by Bahraini children.



Arab and GCC Awards

Within the context of the Society efforts to disseminate the voluntary work culture, and placing icons of the Bahraini, GCC, and Arab voluntary work in the circle of light as raw models for youth, in addition to availing opportunities to exchange experiences and expertise; the Society offers two renowned prizes:

- **The Seekers of Goodness Medal:** the Society developed the “Seekers of Goodness Medal” at the domestic level for three consecutive years. The Award Trustees Council decided in 2010 to launch a second division of the award, aimed at recognizing the undertakings of GCC pioneering women in areas of voluntary and society in their respective countries. This comes in parallel to the first division, which is allocated for pioneers of voluntary work at the domestic level, whereas 46 civil organizations in the Kingdom of Bahrain were honored in a landmark ceremony held on September 6, under the auspices of the Social Development Minister – FatemaBint Mohammed Al-Bloshi.
- **H.H Sheikh Isa Bin Ali Al-Khalifa Voluntary Work Award:** the Society launched this award on the occasion of celebration the Arab Voluntary Work Day in 2011, in the period from 15-18th of September in cooperation with the Arab Voluntary Work Union of the Arab League. The Society developed two divisions of the award in 2011 and 2012.

Program Initiated:

- Arab Youth Voluntary Camp

The Good Word Society organized the camp, the first of its kind held under the umbrella of the Arab Voluntary Work Union, under the auspices of its Honorary Chairman - H.H Sheikh Isa Bin Ali Al-Khalifa; in the period from April 27 to May 2, 2012, in which 54 youth from 18 Arab member states in the Union took part.



- Al Muharraq Home for the Care of Parentls

This nursery was inaugurated in a grand ceremony in early 2009, under the patronage and attendance of H.E. the Minister of Social Development Dr. Fatemah Al-Bloshi, in



recognition of the Good Word Society importance of voluntary work in the field of caring for the elderly and pensioners.

- **Discover Bahrain**

The Good Word Society commenced preparations to launch the main event of the second edition of “Discover Bahrain” project for 2013, which is an annual cultural exchange scheme that seeks to invite foreign activists, academics, media and legal practitioners every year to visit Bahrain; and have a first-hand look at the Bahraini people cultural and social developments, and renaissance landmarks.



- **Al Muharraq Neighborhoods Championship**

The Good Word Society organized this youth championship for the past consecutive ten years; the first edition began in 2002 coinciding with incepting the Society, underlining its early keen interest in youth. Since then, the Society seeks to develop this championship especially in terms of expanding the base of participants, and increasing awareness with the history and heritage of Al Muharraq, as well as expanding the circle of popular and media interest in the championship.



- **IT Recycling**

The IT recycling project won the e-government award as the best electronic proposal.

The UN Environment Program, as well as many other Arab competent institutions also commended the project. It also received large media coverage in the Kingdom media, and took part in international conferences and forums on the environment, and green action opportunities.

- **Charity Projects to Serve Needy Families:** the Society sought to disseminate the values of social solidarity on the one hand, and searching for the true needy on the other. This led to increasing the Committee budget year after year, and laid the ground for initiating new projects inside Bahrain and abroad; by means of the Assistances Project that is provided by the Society.
- **Social Projects:** the Society seeded the concept of celebrating volunteers and voluntary work, the elderly and talented students. It organized a national project to collect books followed by two grand exhibitions: one for medical books at the Gulf University, and the other for school students.

WORLD HERITAGE VOLUNTEER 2013 INSPIRING CHANGE

The World Heritage Volunteers campaign is coordinated by the UNESCO world Heritage center in cooperation with Coordinating Committee for International Voluntary Services (CCIVS).

Its aims to mobilize youth NGOs operating in the non-formal sector for World Heritage promotion and preservation through involvement in international voluntary work.

The project explores opportunity for a dynamic dialogue between volunteers and youth groups heritage & education experts involved in the promotion and protection of the selected World Heritage sites. It demonstrates the merits of non-formal education as an approach to disseminate the heritage values and expertise to a large public and young people in particular.

Each project is organized by a local youth organization or NGO. They determine the project goals and activities in collaboration with the partners (the local community, site management and local authorities and stakeholders), train work camp leaders and host international volunteers. Activities themselves are undertaken by young volunteers, aged 18 to 30 years, coming from different countries.

The youth action camps generally last between one to four weeks and accommodate between ten to thirty volunteer participants; they involve young people to undertake concrete action and to play an active role in the promotion and preservation of World Heritage.

(Source: <http://whc.unesco.org/en/activities/574>).

Principles of work:

General Matter

- GWS will do its best to respect and follow the standard procedures and principals of work of the networks and cooperate with the CCIVS. In general the Society will do its best to organize projects taking profit of the experience of its director, members and supporters. Please help us in organizing good quality projects by sending us your comments and those of your volunteers.
- During the project (starting from the arrival of the volunteers) GWS will do its best to support the volunteers and to facilitate constructive and educational experiences. However, the volunteers will stay in apartment with fully equipped kitchen. 1st bedroom with King Size bed, ample closet space, working desk, Bathroom suited with bathtub or Shower. Second bedroom with two twin beds, ample closet space, and bathroom suited with bathtub or shower.
- We expect the sending organizations to systematically provide the volunteers with our documentation (work camp program, work camp information sheet, national profile and

volunteer agreement) and at least introduce International Voluntary Service fundamental principles. We recommend holding pre-departure trainings for your participants and introducing the basis of Intercultural learning and cultural diversity, non violent communication, problem solving, conflict management, and active participation to a voluntary service project. The philosophy of voluntarism is the base of our work here and we expect your volunteer to understand, share and participate to it actively.

- The basic time table on work camp is about 20-25 hours of work during the camp. But the necessities of the project can bring the volunteers to work some more (rarely less).
- Bahrain is Muslim Community, Drinking alcohol is not allowed in the accommodation and at the project site. Volunteers should be informed by their sending organization before departure and are requested to read our documents to find out more about the do's and do not's of Bahrain culture.

Principles for group project (work camp) - Bahrain Fort – World Heritage Site

The project presented in this brochure is an international project we try to reach maximum cultural diversity and gender balance in the composition of our groups but you may find more than 2 volunteers from the same country in the same project.

- This project is open to volunteer who are 18 years old when the work camp start. We have no maximum limit and we encourage the participation of “older” volunteers (out of the 20-30 years old average) in order to increase the intergenerational dimension of our projects and exchanges.
- The volunteers are expected to attend the whole duration of the project and any delays in the arrival or departure **MUST** be officially justified and announced in advance. The incoming officer and the camp leader will keep the right to cancel the inscription of a volunteer or not accept her/him on the camp for any unjustified or not announced delay superior to 24 hours after the arrival day. Late arrivals may complicate the arrangement of the travel to the project site. GWS likes to organize something for the volunteers to do as a group during their free time. This will be discussed during the orientation and the first days of the project. Depending on the activity, volunteers may need to cover their own expenses. Please inform your participants that personal plans should be only foreseen before or after the work camp.
- The volunteers are expected to send the flight details and passport copy by email prior one month of the project start.
- All the volunteers are required to individually subscribe a private insurance for the whole duration of the project, covering third party liability, health care and repatriation. A proof of the subscription will be required at the beginning of the camp by our camp leader. No exception will be allowed. Thanks to inform your volunteer in advance.
- The common languages of the work camp will be English and Arabic. We encourage volunteers to learn a bit of basic Arabic before arrival (please refer to our info sheets and

info pack for more information). Low levels of English language should not discourage motivated volunteers as, in communication, “When there’s a will, there’s a way”

- In most of the projects, daily timetable and tasks, free time and global organization will be decided in common, facilitated by the coordinator following the needs of the project, and managed in teams. We expect on to create a really strong team of volunteers, for the benefit of the project and the local community.
- GWS asks 50 Bahraini Dinar (approx. 100 €) .the extra fee covers the overall project expenses, the running costs of GWS and the preparation of the projects. The use of the extra fee is organized as following: 30% for GWS running costs/administration, and 70% for food, accommodation, and visa for the volunteers.
- **Contract for Participant**
In order to have a better experience, it will be useful for all of us to have an agreement of understanding. Please read carefully the following points. Please send it back before you come to Bahrain. **Please find the volunteers regulation in the attachment.**

Leisure Time: During the free time, the volunteers may have a site visit , Bahrain Museum , Bait Al Quran , Old Houses (Sh. Ebrahimcentre) , qahwatkhalaf (traditional coffee shop), Bab Al Bahrain, Soug Al Manama,Aali burial, Fakhar workshop, Formula 1 tour (Karting).

Bab al Bahrain



Situated at the entrance of the Manama Suq, Bab al Bahrain was built in 1949 and housed the government offices at the time. Once right on the sea front, Bab al Bahrain was extensively restored in the 1980s, significantly transforming the building. Currently, it is undergoing another transformation which will seek to bring it back to its former state, with some modifications. The Central Post Office building, positioned across the roundabout from the Bab al Bahrain building, is envisaged to be relocated within the square’s perimeter.

Bab al Bahrain is a gateway to the Manama Suq which offers Bahrain’s most traditional shopping experience. Within its atmospheric alleyways, the Kingdom’s exotic items from natural-oil perfumes and incense, rich fabrics and handicrafts, abayas and jalabiyas to intricate carpets can be found

Bait al Quran



Housed in a spectacular Arabic script engraved building, this distinguished museum showcases a significant collection of Quranic manuscripts and scriptures dating back to the 7th century. Many copies of the Quran you will see are works of art in themselves. Some miniature copies can fit in the palm of the hand and Quranic verses have even been inscribed on a grain of rice. In addition to its important historical collection, Bait al Quran exhibition space often hosts varied art exhibitions while housing a small mosque, distinguished library and learning environment for Islamic teaching

Formula One



Even if you are not a motor-race fan, you will be caught up in the thrill and excitement of the planet's biggest race event, Formula One, during its Bahrain season. But when the Formula 1 Grand Prix isn't taking centre stage at the Bahrain International Circuit, you can take the wheel yourself on its state-of-the-art karting track or enjoy a thrilling ride in the passenger seat of a Hummer on its Extreme 4x4 course. A visit to the Circuit is a must as you may also get to test drive some of the race cars on the F1 track. Alternatively, enjoy driving of a different kind at the 18-hole Colin Montgomery-designed Royal Golf Course, where you can even play golf at night thanks to the floodlit greens.

A'ali burial mounds and workshops



Amongst Bahrain's most mysterious ancient remains are the burial mounds that dominate the landscape north of the island. Spanning the Dilmun (3rd to 1st millennium BC) and Tylos periods (2nd century BC to 3rd century AD), the burial mounds of Bahrain are unique in terms of sheer number and concentration. The best preserved and most impressive mounds are the royal burial mounds in A'ali.

Pottery workshops in the vicinity of the burial mounds have developed organically over the years. Local artisans have established their workshop installations around the tombs and have even used some of the burial chambers as kilns. The potters still fire their

pieces using traditional methods, handed down generation after generation.

Bahrain National Museum



One of the first museums in the Gulf, the Bahrain National Museum opened in 1988. The site itself, on the edge of the sea, is a tremendous attraction, adding to its contemporary ambience which is influenced by the white travertine façade and dramatic courtyard decorated with contemporary sculptures. The exhibition halls showcase artefacts uncovered in the numerous archaeological sites in Bahrain and underpinning the longstanding history of the island. The rich collection covers 6000 years of Bahrain's history. In addition to the archaeological exhibits, two halls are dedicated to local customs and traditions, featuring clothing, housing, rituals and traditional crafts. Moreover, the art hall features a permanent collection of works by some of Bahrain's leading artists as well as regularly hosting temporary exhibitions.

Adjacent to the National Museum can be seen the Art Centre and Cultural Hall, both of which host temporary exhibitions and concerts throughout the year. A new addition to this cultural compound is the recently inaugurated Arab Regional Centre for World Heritage.

Old Houses of Muharraq



Muharraq, the former capital of Bahrain, is known for its cultural splendour and traditional Bahraini houses litter the town's narrow lanes. The Shaikh Isa bin Ali house is Bahrain's most impressive example of Gulf Islamic architecture featuring four courtyards and beautiful carved wooden doors and perforated gypsum panels.

The beautifully restored houses that make up the ShaikhEbrahim Centre for Culture and Research provide an important insight into aspects of Bahrain's heritage. From embroidery at Kurar House to pearling history at the Bin Matar House, the houses reflect the Centre's commitment to the preservation of both traditional architecture and history. The ShaikhEbrahim lecture hall, Iqra Children's Library, Heraf al Diyar, Nukhida House (the first house to be

restored along the pearling trail), Kurar House, Abdullah al Zayed House, House of Coffee, Bin Matar House, Bu Zaboona House and Mohammed Bin Faris House all showcase different aspects of Bahrain's rich heritage.

Hosting regular art exhibitions and film screenings in the old city is Maison Jamsheer, another example of the traditional courtyard houses and which is situated a stone's throw away from the Shaikh Ebrahim Centre

Suq al Qaisariya



One of the oldest sections of the Muharraq Suq, Suq al Qaisariya offers a charming shopping experience. Currently undergoing extensive restoration work by the Ministry of Culture, the first phase of the project, which has been completed, features a number of renovated shops, selling a variety of products ranging from pearls to spices and tea, as well as a traditional café - café Zaafaran – arranged around a number of historic madbassahs.

Since antiquity, Bahrain has been famed for its natural pearls which were highly sought after for their unique colour and lustre (the result of forming at the confluence between fresh underwater springs and the salty sea). Cultured pearls are banned in Bahrain and every pearl purchased locally comes with a certificate of authenticity.

Suq al Qaisariya is an integral component of the "Pearling, testimony of an island" project. This Pearling trail is approximately 2 miles long and describes the unique story of pearling in Bahrain and its physical testimony. Now considered by UNESCO for a World Heritage listing, this pearling heritage and testimony to a remarkable industry and economy is not presented in one location but as a trail, a path that one can traverse in order to discover different elements of the overall narrative. Taking its visitors from the beach to the old house of one of Bahrain's grand merchants, the pathway illustrates, in images and sounds, the precious history of Bahrain and its people.

- **The extra fee covers**

- Orientation
- Administration fee
- Transportation to/from the meeting point to/from project site
- Accommodation and food during the project (including scheduled activities)
- Evaluation meeting
- Emergency number 24/24 – 7/7
- Access to material that could be useful for your project
- A certificate at the end of the project to attest your participation
- Souvenirs

- **The extra fee does not cover**

- Cigarettes
- Travel (medical) and cancellation insurance
- Air transportation, departure taxes, or ticketing fees
- Free time and leisure activities
- Changes in the project, once the placement has been confirmed (unless in very special cases)
- Bath and washing kits (soap, toothbrush, detergent etc)

PRE-DEPARTURE INFORMATION

Before you leave your home country, I would like to guide you through some important things you need to prepare and bring to Bahrain

Visa

GWS will cover all the cost related for visit visa (one week), requirement to provide a copy of the passport a month before the event except that the volunteer must apply for a visitor visa which can be obtained in advance from the web site or upon arrival and the cost will be the responsibility of the volunteer. (Your passport must be valid for at least six months beyond your expected date of departure from Bahrain).

For more information please visit <http://www.evisa.gov.bh>

Currency

The dinar (BD or BHD) is the currency of Bahrain. It is divided into 1000 fils .

100 fils=1 rupees

10 rupees = 1 dinar

- Currency Exchange

On arrival in Bahrain, volunteer can exchange currency at the airport, Credit cards are accepted in many of the large department stores, but if you are thinking of shopping at the traditional markets, only cash is an accepted form of payment. You can use your debit card and use it at ATM machines that are located across the city.



*Photo: (100fil*s=1 rupees, 50fils, 25fils, 10fils, 5fils) currency coins of



Photo: (1/2 Dinar, 1 Dinar, 5Dinar, 10 Dinar, 20 Dinar)

Immunization

Bahrain does not require any particular immunization for your visit. However, we recommend you speak to your doctor before coming.

Clothing

Medium weight clothing is suitable for November. Sunglasses are necessary. I suggest you bring easy walking sandals and running shoes.

Electricity and voltage

The voltage throughout Bahrain is 220v, if the voltage in your country is the same or similar, then you don't need a voltage transformer. It's recommended that you check the voltage of your appliance before plugging it in, as the appliance may be damaged if the incoming voltage is higher than the appliance is manufactured for.

Travel insurance

I highly recommended volunteers to get travel insurance before their departure to Bahrain. GWS does not cover your medical expenses and/or trip cancelation.

Phone

Bahrain has mobile phone service available. If you have an unlocked phone, you are welcome to bring one to use it during your stay in Bahrain. You can easily get a SIM card of local providers in an affordable rate.

PRE-DEPARTURE TRAVEL CHECK LIST

Travel Preparation

- Renew/Check Passport
- Insurance: Medical
- Change Currency
- Confirm Tickets
- Sent copy of ticket/passport to GWS

Money and Documents

- Passport
- Visa
- Health Insurance Cards/ numbers
- Cash
- Credit Card
- Debit Card
- Personal Identification
- Emergency Contact Information
- Photocopies both hard and soft copies of all your documents

Clothing

- T-shirts
- Shorts
- Jeans
- Hat
- Underwear
- Socks
- Pyjama
- Watch
- sunglass
- Others

Toiletries

- Toothbrush
- Toothpaste
- Dental floss
- brush/comb
- Shampoo/Conditioner/body wash
- Towel
- Shaver/razor
- Nail Clippers
- Sunblock
- Others

Health & Medications

- Prescription Medicine
- Allergy Medication
- Pain/Aspirin Medication
- Contact lenses kit
- Multi Vitamins

Electronics

- Camera
- Memory Card
- Batteries
- Flashlight
- Laptop
- Mobile/Cell Phone
- Chargers
- Headphones
- Adapter

***Note: This is a sample checklist for your reference. You may bring anything you like but remember to travel light*

Bahrain

The Kingdom of Bahrain is an archipelago of low lying islands located in the Arabian Gulf off the Eastern shore of Saudi Arabia.

Frequently called the Pearl of the Arabian Gulf, Bahrain has a history of civilizations that date back more than 5,000 years.

Bahrain is the ancient site of the immortal land of Dilmun, and was the religious centre to Sumerians, Babylonians and Assyrians, as proven by many archaeological excavations.

Many legends surround the land – the multitude of ancient burial grounds here gave rise to the title “Isle of Eternity,” before modern archaeology explained them as a legacy of Dilmun times; centuries upon centuries of human habitation packed into one compact site.

Writings of the ancient Sumerians refer to Dilmun as a pure and sacred place where sickness and death do not exist, a paradise land of sweet waters. The area does in fact have fresh water artesian and under seabed springs, rich in minerals and especially fluoride – known locally as sweet-water. These have sustained life here since the Ubaid civilization of Neolithic times 6000 years ago.

The sweet-water springs may be the basis for the legend of Gilgamesh; a Sumerian epic of a quest for immortality from the flower of life (pearl) which leads to Dilmun, the “land of two seas”.

From the mists of time to a vibrant present Bahrain thrives under a stable and prosperous government.

Today, the modern Arabic name “Bah-rain” still retains this meaning – “two waters”, it’s landscape is a tapestry of marvelous old sites and colorful traditional markets dotted between modern skyscrapers and buildings.

While relatively small in population, land area and resources, Bahrain has achieved a high level of social and economic development over a short period of time.

Country Facts

- Land Area 770sq km
- Population 1,101,230
- Key Sectors:
 - Financial services.
 - Logistics.
 - ICT.
 - Value-added manufacturing, Industrial services.
 - Professional services.



- Main export Oil, Aluminium
- Currency Bahraini Dinar (USD 1 = BD 0.376)
- Time zone GMT +3
- Electricity 220v
- Climate:

Max Daytime Temperature (°C)	 28 28°C (82°F) in November
Min Night-time Temperature (°C)	 21 21°C (70°F) in November
Hours of Sunshine (Daily)	 9 9 Hours per day in November
Hours of Daylight (Daily)	 11 11 Hours per day in November
Heat and Humidity Discomfort	 Moderate in November
Days with some Rainfall	 2 Days in November
Monthly Rainfall (mm)	 4 4 mm (0.2 inches) in November
UV Index (Maximum)	 6 6 (High) in November
Sea Temperature (°C)	 27 27°C (81°F) in November

Basic Arabic Phrases:

English Phrases	Arabic Phrases
Hi!	Salam!
Good morning!	Sabah el kheer
Good evening!	Masaa el kheer
How are you?	Kaifahaloka/ haloki (female)
I'm fine, thanks!	Ana bekhair, shokran!
Thank you	Shokran
Can you help me?	Hal beemkanekmosa'adati?
Excuse me ...!	Men fathlek/ fathleki (female)
What's your name?	Ma esmouk? Ma esmouki?
Good luck!	Bettawfeeq
Sorry	Aasef!

Accommodation

Elite Resort & Spa ****

Located at ShaikhHamad Causeway and overlooking the Bahrain Bay on both sides, Elite Resort & Spa offers a breathtaking view, along with the relaxing atmosphere of a city resort and the comfort of being close to the city centre. All suites have an ultra modern fully-fitted kitchen with a cooking range, cutlery, crockery, microwave, juicer, coffee maker, home theatre with surround-sound and stereo DVD.

Bed(s): 2 Single Beds / 1 Double Bed

Restaurant: 24 hour multi cuisine restaurant. , the breakfasts will be free for all our volunteers.

Reception Facilities

- Fully equipped gymnasium with steam rooms
- Large swimming pool



Program Schedule:

16th November, Saturday Official Opening of the project			
		Name	Organization
10:00 – 10:15	Registration		
10:15 – 10:25	Video about Bahrain		
10:25 - 10:30	Presentation about GWS	Mr. Yousif Abdulgafar	GWS – Board member
10:30 – 10:40	Presentation about Workcamp	Mr. Mohammed Bukamal	Program coordinator, GWS
10:40-10:50	Presentation by partner organization		Cultural Ministry
10:50 – 11:00	Coffee break		
11:00 – 12:00	Workshop- word heritage awareness		
12:00-13:00	Lunch		
13:00-14:00	Presentation about Bahrain fort		
14:00 – 15:00	Site visit: Bahrain fort		
15:00 – 18:00	Site visit:		
18:00 – 20:00	Dinner cooking		

17th November, Sunday			
09:00-09:15	Gathering at site		
09:15– 14:00	Site work	Group 1	Exploration relics
		Group 2	Cleaning, planting trees & flowers
		Group 3	Maintenance , Painting
14:00- 15:00	Lunch		
15:00– 18:00	Site visit : Bahrain Museum / Bait Al Quraun		
18:00– 20:00	Dinner cooking		

18th November, Monday			
09:00-09:15	Gathering at site		
09:15– 14:00	Site work	Group 1	Maintenance , Painting
		Group 2	Cleaning, planting trees & flowers
		Group 3	Exploration relics
14:00- 15:00	Lunch		
15:00– 18:00	Site visit : Old Houses (Sh. Ebrahimcentre) + qahwatkhalf (traditional coffee shop)		
18:00– 20:00	Dinner cooking		

19th November, Tuesday			
09:00-09:15	Gathering at site		
09:15– 14:00	Site work	Group 1	Cleaning, planting trees & flowers
		Group 2	Exploration relics
		Group 3	Maintenance , Painting
14:00- 15:00	Lunch		
15:00– 18:00	Site visit : Bab Al Bahrain + Soug Al Manama		
18:00– 20:00	Dinner cooking		

20th November, Wednesday			
09:00-09:15	Gathering at site		
09:15– 14:00	Site work	Group 1	Exploration relics
		Group 2	
		Group 3	
14:00- 15:00	Lunch		
15:00– 18:00	Site visit : MaqaberAali, Fakhar workshop		
18:00– 20:00	Dinner cooking		

21th November, Thursday			
09:00-09:15	Gathering at site		
09:15– 14:00	Site work	Group 1	Exploration relics
		Group 2	
		Group 3	
14:00- 15:00	Lunch		
15:00– 18:00	Site visit : Formula 1 tour + Karting *		
18:00– 20:00	Dinner		